

Your Brain on Change

In this interactive seminar, professional corporate and life coach, Marielle Gauthier, will speak about::

- What is change and transition?
- What is going on in the brain when faced with change and transition
- Tips to help your brain make the transition a little easier

About the Speaker

Marielle Gauthier, owner and principal of Redworks Communications, is a Results Certified Coach and an Associate Certified Coach (ACC) with ICF. She works to help clients improve their thinking to facilitate positive change in order to achieve personal and professional goals. She works primarily with leaders, executives, teams and individuals to lead their extraordinary life.

'Your Brain on Change' is part of Marielle's 'Self Mastery Coaching' Series.

To register, visit redworkskoaching.com

Location

Le Rendez-vous Francophone Centre, 308 - 4th avenue North, Saskatoon

Date: November 27th, 2014

11:45am – 1pm	or	4:45 – 6 pm
Speaker at 12:15		Speaker at 5:15
Light lunch		light snack

Register at Picatic by November 24

Contact

For more information please call Marielle Gauthier at 306 955-3205 or marielle@redworkskoaching.com

The logo for Redworks, featuring the word "redworks" in a stylized, lowercase, red-outlined font. The letters are thick and rounded, with a slight shadow effect. The logo is centered at the bottom of the page.